

# THE ROCKS.

# BREAKFAST MENU

AVAILABLE FRIDAY TO SUNDAY, 8-11.30AM

## LOCAL BREADS & PASTRIES

TOAST - DARK RYE, CIABATTA, VIENNA	5.5
GLUTEN FREE, DUTCH FRUIT LOAF	7.5
CROISSANT, ALMOND CROISSANT, FRUIT DANISH	4.5
DONUTS	3.8
	4.5

## JUICES

ORGANIC COCONUT WATER	6.8
FRESH SQUEEZED OJ	6.8
GREEN JUICE <i>with Spinach, Celery, Cucumber, apple &amp; Coconut Water.</i>	8.4
DAILY JUICE CO. <i>Mango, Guava, Apple, Pineapple, Cranberry, Pink Grapefruit, Oj</i>	4.9

## BREAKFAST

TOASTED MUESLI <i>with Yoghurt &amp; Summer Fruits</i>	13
BUTTERMILK PANCAKE <i>with Coconut Yoghurt &amp; Coconut Flakes Red Hill Strawberries &amp; Maple.</i>	16
SMASHED AVO ON RYE <i>with Persian Fetta</i>	14
FRIED EGGS & GREEN, <i>Organic Asparagus &amp; Baby Spinach on sourdough with heirloom tomato</i>	19
ROCKS BEN, <i>Poached Eggs, Smoked Grandmothers Ham, Charcoal Toast &amp; Hollandaise.</i>	18
SRAMBLED EGGS & SALMON, <i>avocado, dark rye toast</i>	19
BREAKFAST BURGER, <i>Fat Bacon, Fried Egg, Lettuce, Cheese &amp; tomato</i>	16
Add a Wagyu Beef Pattie <i>and make it extra special</i>	+9
FREE RANGE EGGS ON SOURDOUGH - - Poached, Fried or Scrambled - <i>with Fat Bacon &amp; Tomatoes</i>	12
Add Pork & Fennel Sausage	17
Add Mt Martha Baby Spinach	6
Add Smashed Avo	5
Add local organic asparagus	5

\*All our eggs are local free range

## COFFEE *by Romcaffè*

CAFE LATTE	4
CAPUCCINO	4
FLAT WHITE	4
MOCHA	4
ESPRESSO	3
SHORT MACHIATO	3
LONG BLACK	3.7
LONG MACHIATO	3.6
Bonsoy	+ .60
Almond Milk	+ .70

## TEA DROP

ENG BREAKFAST	
FRENCH EARL GREY	
SPRING GREEN	
PEPPERMINT	
MALABAR CHAI	
CHAMOMILE	
LEMONGRASS & GINGER	4.5
PRANA CHAI LATTE	6.5