

THE ROCKS.

BREAKFAST MENU

AVAILABLE FRIDAY TO SUNDAY, 8-11.30AM

LOCAL BREADS & PASTRIES

TOAST - DARK RYE, CIABATTA, VIENNA	5.5
GLUTEN FREE, DUTCH FRUIT LOAF	7.5
CROISSANT	4.5
ALMOND CROISSANT	8
FRUIT DANISH	3.8
DONUTS	4.5

BREAKFAST

TOASTED MUESLI <i>Yoghurt & Fruits</i>	13
PORRIDGE, Quinoa & Oats, poached Red Hill apples, sultanas & honey	15
BUTTERMILK PANCAKE, <i>Red Hill Strawberries, marscapone & almond flakes</i>	16
SMASHED AVO & PERSIAN FETTA ON RYE, chilli angel hair	14
KEEP IT GREEN, <i>Dukkah roasted organic Pumpkin, Baby Spinach, Broccoli & Romenesco florettes on Beetroot Hommus, toasted seeds with one poached egg</i>	19
ROCKS BENEDICT, <i>(your choice of)</i>	
<i>Grandmothers smoked HAM</i>	19
<i>FLORENTINE (baby spinach)</i>	19
<i>FLORENTINE & Smk SALMON</i>	23
<i>with 2 Poached Eggs, Charcoal Toast & Hollandaise.</i>	
BREAKFAST BURGER, <i>Fat Bacon, Fried Egg, Lettuce, Cheese & tomato</i> add a Wagyu Beef Pattie and make it extra special	16 +9
FREE RANGE EGGS ON SOURDOUGH -	12
- Poached, Fried or Scrambled	
- with Fat Bacon & Tomatoes	17
Add Pork & Fennel Sausage	6
Add Baby Spinach / Smashed Avo	5 ea

*All our eggs are local free range

JUICES

ORGANIC COCONUT WATER	6.8
FRESH SQUEEZED OJ	6.8
GREEN JUICE <i>with Spinach, Celery, Cucumber, Apple & Coconut Water.</i>	8.4
DAILY JUICE CO.	5
<i>Mango, Guava, Apple, Pineapple, Cranberry, Pink Grapefruit, Oj</i>	
MOJO crafted kombucha <i>blueberry,passionfruit</i>	9

COFFEE *by Romcaffè*

CAFE LATTE	4
CAPUCCINO	4
FLAT WHITE	4
MOCHA	4
ESPRESSO	3
SHORT MACHIATO	3
LONG BLACK	3.7
LONG MACHIATO	3.6
<i>Bonsoy</i>	+ .60
<i>Almond Milk</i>	+ .70

TEA DROP

ENG BREAKFAST	
FRENCH EARL GREY	
SPRING GREEN	
PEPPERMINT	
MALABAR CHAI	
CHAMOMILE	
LEMONGRASS & GINGER	4.5
PRANA CHAI LATTE	6.5